



# Talk to a doctor or therapist by **phone or video.**



UnitedHealthcare **StudentResources** and HealthiestYou have partnered together to provide access to doctors and mental healthcare from anywhere you are, even while traveling internationally. All services are free for students covered under the UHCSR insurance plan; services are available for all other students for a fee, as noted below.

### From the HealthiestYou app, you can:

#### General Medical

Talk to a licensed doctor 24/7 by phone or video from anywhere

**\$0** for UHCSR students

**\$40** for non-UHCSR students

#### Mental Health

Choose a therapist and schedule an appointment by phone or video (7 a.m. to 9 p.m.)

Therapist

**\$0** for UHCSR student

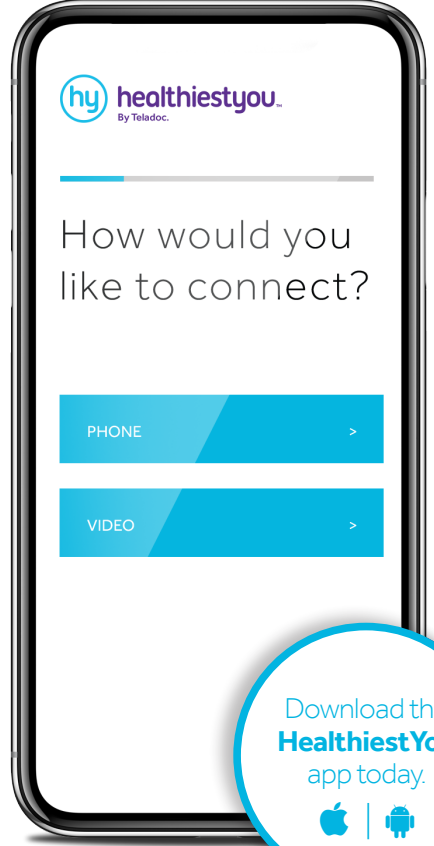
**\$85** for non-UHCSR student

Psychiatrist

**\$0** for UHCSR student

**\$200** for non-UHCSR students' first visit

**\$95** for non-UHCSR students' ongoing visits



## Download the app. Get care when you need it.

Download the app | Call 855-870-5858

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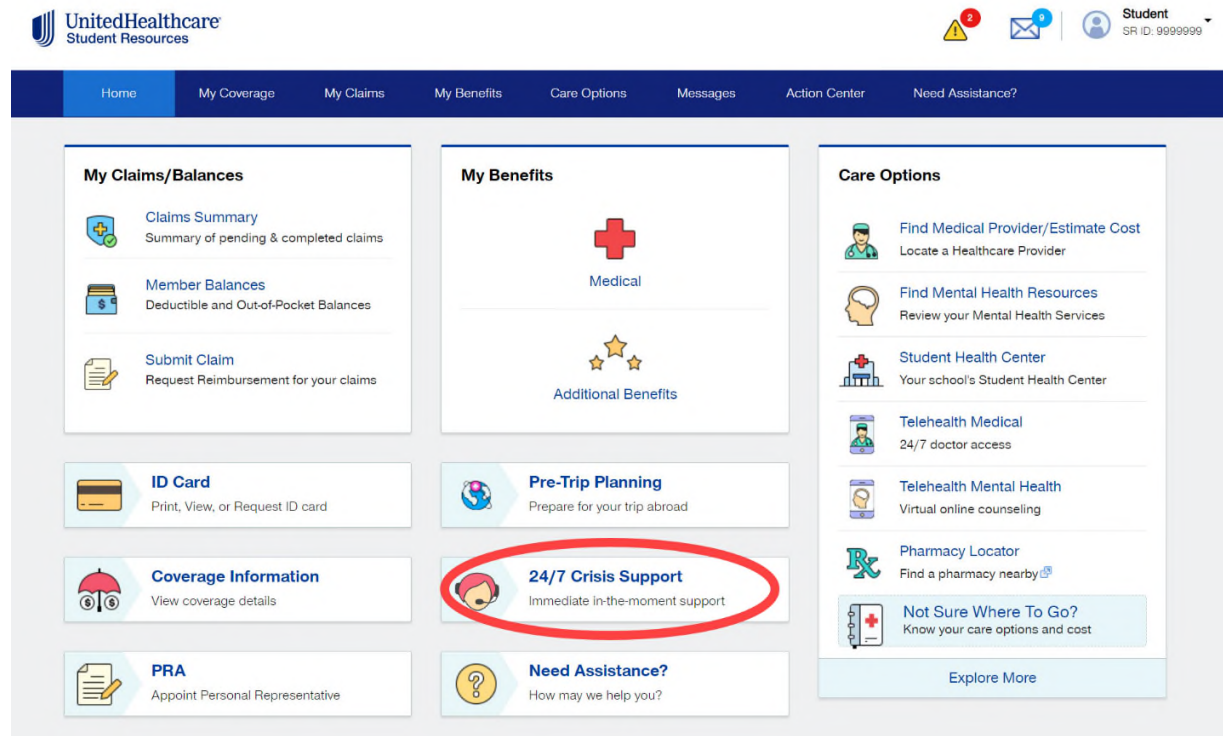
## Attention For Study Abroad Students & Staff Only:

If any student or staff member that is currently abroad reaches out to *HealthiestYou* Teledoc for Mental Health Support and is not able to be treated while they are abroad because they do not currently have a mental health provider inside the USA, please instruct them to the following alternative TeleDoc called *24/7 Crisis Support*, also available through UHCSR.

**Step 1:** Student creates their HealthSafe ID at

<https://link.edgepilot.com/s/a76d2a83/Kig0d2SHkk23QRXWkcD-PA?u=http://www.uhcsr.com/myaccount>

**Step 2:** Click on the 24/7 Crisis Support tile (screenshot below) to access the phone number (which is 866-671-9302) Student will then be connected with support. Calls are recorded for quality assurance.



The screenshot shows the UnitedHealthcare Student Resources portal. The top navigation bar includes Home, My Coverage, My Claims, My Benefits, Care Options, Messages, Action Center, and Need Assistance?. The main content area is divided into several sections:

- My Claims/Balances:** Claims Summary, Member Balances, Submit Claim.
- My Benefits:** Medical, Additional Benefits.
- Care Options:** Find Medical Provider/Estimate Cost, Find Mental Health Resources, Student Health Center, Telehealth Medical, Telehealth Mental Health, Pharmacy Locator, Not Sure Where To Go?
- ID Card:** Print, View, or Request ID card.
- Pre-Trip Planning:** Prepare for your trip abroad.
- Coverage Information:** View coverage details.
- 24/7 Crisis Support:** Immediate in-the-moment support (circled in red).
- PRA:** Appoint Personal Representative.
- Need Assistance?:** How may we help you?

A blue arrow on the left side of the page points from the text above to the 24/7 Crisis Support tile.