

Clinical (Volunteer/Shadowing) Opportunities for PreHealth Students in the Greater Rochester Area

(Updated: January 2019)

The logo for Geneseo, featuring the word "GENESEIO" in a bold, blue, serif font.

PreHealth Advisement
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www.geneseo.edu/premed

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Off-Campus Safety

As part of curricular requirements for classes or for volunteer opportunities, SUNY Geneseo acknowledges that students will be required to travel to off-campus sites. As with on-campus activities, student safety is of utmost concern, and while SUNY Geneseo cannot guarantee that non-ideal situations will not arise when traveling off-campus for class or class related activities, it is recommended that students take all possible safety precautions. These include, but are not limited to:

- Know the environment of your travel. It is strongly recommended that students obtain and verify accurate directions to and from their destinations, as well as take a test drive during daylight hours.
- Travel with a companion whenever possible.
- Bring a print-out of the name and address of the facility, as well as the name and phone number of the faculty supervisor.
- Let someone on-campus know the location you are travelling to and the times you will be away.
- Always carry identification with you.
- Have any cellular phone easily accessible and turned on while driving.
- Take note of emergency/pay phones in the area where you have parked.
- Park in well-lit, heavily populated areas. Avoid alleys, vacant lots, wooded areas, and other shortcuts.
- Avoid leaving valuable items visible in your car.
- Always roll up windows and lock car doors before leaving the car.
- Walk with others to and from your vehicle whenever possible.
- Carry your keys in your hand when walking to your vehicle. One key should be placed between your middle fingers to prevent it from being dropped or jarred loose.
- Check the area around/under your car and the back seat before entering the car.
- Lock all doors immediately after entering the car.
- Walk on the sidewalk whenever possible. Avoid doorways, bushes, and other potential hiding places. If walking in the street, walk facing traffic.
- Walk confidently and at a steady pace. Always look as though you know where you are going, walking quickly and confidently. Avoid making eye contact with strangers.
- Keep your purse/bag securely under your arm. Do not walk with your wallet/money in plain view. Do not wear excessive/expensive jewelry or carry unnecessary cash.
- Wear clothing that provides for freedom of movement, including comfortable shoes. Consider keeping a man's hat in the car to wear if you will be driving at night.
- If you notice someone suspicious, leave the area immediately and do not go to your car. Call 911 from an alternate location.
- If involved in a minor collision in an isolated area, drive to a well-lit, populated place before stopping to assess damage.
- If you are being followed while driving, do not go home. Drive to the nearest police station, open store, or service station for help. If you are fearful of exiting your vehicle, blow your horn to draw attention to yourself.
- Never hitchhike or pick up hitchhikers.

Above all, students are strongly recommended to be aware of the people and area around them. To be as prepared as possible, students should complete the following checklist before leaving for any off-campus volunteer or participation activities:

Off Campus Checklist

- ✓ I have my off-campus destination assignment printed out, with all contact details.
- ✓ I have printed directions to and from my destination (through a map or contact person).
- ✓ I have contact information for the site and know what to do if I get lost.
- ✓ I know a place in the area where I can go should I feel unsafe and/or have a contact person I can call.

Please be advised that SUNY Geneseo generally:

- *Cannot* guarantee or assure the safety of participants or eliminate all risks from off-campus activities.
- *Cannot* monitor or control all of the daily personal decisions, choices, and activities of individual participants.
- *Cannot* prevent participants from engaging in illegal, dangerous, or unwise activities.
- *Cannot* assume responsibility for actions or events that are not part of the program, or that are beyond the control of the sponsor and its subcontractors, or for situations that may rise due to the failure of a participant to disclose pertinent information.

How to Document Your Clinical Experiences

It is important to keep track of your clinical experiences so that you can easily and accurately report these experiences when it is time to apply to the PreHealth Committee and professional health schools. We recommend keeping a journal for yourself that includes the following information for each experience:

- Experience type (e.g., volunteering, shadowing, internships, clinical research, etc.)
- Name of medical professional (if applicable)
- Professional's contact information (e.g., phone, email)
- Name of facility
- Location
- Start and end dates
- Approximate number of hours per week
- Total number of hours
- Brief description

It is often helpful in your description to be detailed about what you observed, or about what your specific responsibilities were and briefly comment on what you learned or gained from the experience. Below are a few questions to help you reflect on your experiences.

Questions for Reflection:

1. What did you learn about the _____ of _____ as a result of this experience?
2. What did you learn about yourself (strengths/weaknesses, interests, skills, values)?
3. Did this experience change your views/understanding of health care in the US (or abroad) in any way?
4. What did you find most rewarding about your experience? Most challenging?
5. Were there any interesting/memorable events or patients that you want to be sure to remember? (Be sure to exclude names to maintain privacy).

Chiropractic Profession

- **Schurr Family Chiropractic**
<https://www.schurrchiropractic.com/>
687 Lee Road, Suite C-190
Rochester, NY 14606
585.458.2225

- **Lee Chiropractic Care & Athletic Training, PLLC**
<https://www.leechiropracticatc.com>
72 East South Street
Geneseo, NY 14454
585.447.2775

Dental Profession

- **Calm Dental**
<http://www.calm-dental.com/>
109 Main Street
Geneseo, NY 14454
585.447.9222

- **Geneseo Orthodontics & Pediatric Dentistry**
*** only at this location one to two days a week, so offers limited shadowing times. ***
<https://geneseosmiles.com/>
70 Main Street
Geneseo, NY 14454
585.245.0050

- **Koch Orthodontics**
<https://drkochortho.com/>
4376 Lakeville Road, Route 20A
Geneseo, NY 14454
585.243.3174

- **Livingston Community Health Center**
<http://rpcn.org/volunteer/>
1 Murray Hill Drive
Building #1, Room 140
Mount Morris, NY 14510
585.243.7840

- **Progressive Implantology & Periodontics**
*** Call Mary Burden to set up shadowing 585.899.6107***
<http://www.rochesterperio.com/index.php>

Geneseo 4186 Lakeville Road Geneseo, NY 14454 585.243.4867	Brighton 1655 Elmwood Ave., Suite 100 Rochester, NY 14620 585.319.4780
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Greece
105 Canal Landing Blvd., Suite 9
Rochester, NY 14626
585.227.4867

Pittsford
151 Sully's Trail, Suite 1
Pittsford, NY 14534
585.385.4867

Webster
1120 Crosspointe Lane, Suite 1
Webster, NY 14580
585.217.4867

➤ **Several Additional Private Practices**

** Google Search & network through your own dentist, family, friends, neighbors, relatives in the dental profession (e.g., dentist, hygienist, assistant, secretary)**

Call the office first; have your resume available

Medical Profession

➤ **Rochester Regional Health**

<https://www.rochesterregional.org/join-our-team/volunteer-at-rochester-general-hospital>

Clifton Springs
2 Coulter Road
Clifton Springs, NY 14432
315.462.9561

Newark-Wayne Community Hospital
1200 Driving Park Avenue
Newark, NY 14513
315.332.2022

Rochester General Hospital
1425 Portland Avenue
Rochester, NY 14621
585.922.4000

United Memorial Medical Center
127 North Street
Batavia, NY 14020
585.343.6030

Unity
1555 Long Pond Road
Rochester, NY 14626
585.723.7000

➤ **Teresa House**

<https://www.teresahouse.org/volunteer.htm>

21 Highland Road
Geneseo, NY 14454
585.243.1978

➤ **U of R Medicine**

<https://www.urmc.rochester.edu/strong-memorial/friends-of-strong/volunteering.aspx>

Strong Memorial Hospital
601 Elmwood Avenue
Rochester, NY 14642
585.275.2100

<https://www.urmc.rochester.edu/noyes/volunteer-support.aspx>

Geneseo

50 E South Street
Geneseo, NY 14454
585.243.9230

Dansville

111 Clara Barton Street
Dansville, NY 14437
585.335.6001

➤ **Several Additional Private Practices**

** Google Search & network through your own dentist, family, friends, neighbors, relatives in the medical profession)**

Call the office first; have your resume available

Optometry Profession

➤ **Geneseo Family Eye Care**

** Contact Sue Holmes, Office Manager**

<https://visionsource-geneseoeyecare.com/>

4384 Lakeville Road
Geneseo, NY 14454
585.243.2020

➤ **Livingston Eye Care**

** Contact Dr. Jennifer J. Dotterweich**

<https://visionsource-livingstoneyecare.com/>

243 E Main Street #3
Avon, NY 14414
585.226.3400

➤ **University Eye Specialist**

Contact Paula Kelly, Office Manager

<https://www.universityeyespl.com/>

2469 State Rt. 19N
Warsaw, NY 14569
585.786.2288

➤ **Walmart Vision & Glasses**

Contact Joy Rowe

4235 Veteran Drive
Geneseo, NY 14454
585.243.4004

➤ **Several Additional Private Practices**

** Google Search & network through your own optometrist, family, friends, neighbors, relatives in the optometry profession**

Call the office first; have your resume available

Pharmacy Profession

- **Livonia Pharmacy**
5975 Big Tree Road
Lakeville, NY 14480
585.346.5615
- **Wegmans Pharmacy**
does not allow shadowing due to HIPPA restrictions, but you can call to arrange a meeting with a Pharmacist to answer any of your questions
4286 Genesee Valley Plaza Road
Geneseo, NY 14454
585.243.9020

Physical Therapy

- **Lattimore Physical Therapy**
20+ locations. Information is provided for Geneseo location specifically, but you can reach out to the other locations to inquire about clinical opportunities
<http://www.lattimorept.com/geneseo-physical-therapy/>
4577 Morgan View Road
Geneseo, NY 14454
585.243.9150
- **UR Medicine/Noyes Health Physical Therapy**
<https://www.urmc.rochester.edu/noyes/volunteer-support/volunteering.aspx>
Physical Therapy Clinic
50 E South Street
Geneseo, NY 14454
585.991.6005

Podiatry Profession

- **Eastside Podiatry**
<http://www.eastside-podiatry.com/>

Fairport 430 Cross Keys Office Park Fairport, NY 14450 585.223.1633	Rochester 30 Hagen Drive Rochester, NY 14624 585.381.3825
Canandaigua 194 Parrish Street Canandaigua, NY 14424 585.394.6250	

Veterinary Profession

- **Donnan Farms**
<http://www.donnanfarms.com/>
2241 York Road West
York, NY 14592
585.243.4583
Contact for shadowing Dr. Henry Kamagy as well as for milking cows and veterinary tasks – preferably students who can speak Spanish

- **Genesee Valley Equine Clinic**
***Contact Laura Johnson via email studentinfo@gvequine.com ***
<https://gvequine.com/>
925 Chili Scottsville Road
Scottsville, NY 14546
585.889.1170

- **Henderson Equine Clinic**
Contact Dr. Bonnie Henderson
<http://www.hendersonequineclinic.com/dr-bonny-henderson>
4229 Fowlerville Road
Avon, NY 14414
585.226.5560

- **Lollipop Farm: Humane Society of Greater Rochester**
<https://www.lollypop.org/get-involved/volunteer/>
99 Victor Road
Fairport, NY 14450
585.223.1330

- **Perry Vet**
Contact Dr. Michael Capel
<https://www.perryvet.com/>
Multiple locations: Perry, Batavia, Livonia, Yorkshire

- **Specialized Care for Avian & Exotic Pets**
Contact Nancy Martell
<http://www.buffalobirdnerd.com/>
10882 Main Street
Clarence, NY 14031
716.759.0144

- **Storybook Farm Veterinary Hospital**
Contact Kathy Hartigan
<https://www.storybookfarmvets.com/>
634 Rowley Road
Victor, NY 14564
585.924.7740

- **Several Additional Private Practices**

**** Google Search & network through your own veterinarian, family, friends, neighbors, relatives in the veterinary profession****

Call the office first; have your resume available