

# NYS-Balance Order Form

NYS-Balance educational materials are provided free to eligible State employees.

## PLEASE SEND:

- CDS**
- Budget Express
  - College Prep Pack
  - FDIC Money Smart
  - Get it Together
  - Home Data Bank
  - Moods of Nature – North Shore Sunrise
  - Retire Happy
  - Walking Fit Kit (Pedometer & Audio CD)
- HANDBOOKS**
- Child Care
  - Elder Care
  - In-Home Care
  - Pet Care
  - School Age Care
- BOOKS**
- Countdown to College
  - Everyday Calm
  - Fitness 9 to 5
  - Pocket Parent
  - Suze Orman's 2009 Action Plan
  - Too Young to Retire
- BROCHURES/BOOKLETS**
- Adoption: Guidelines for Parents
  - Adventures in Parenting
  - Be Yourself: Questions/Answers for GLBT Youth
  - A Caring Place for Your Infant
  - A Caring Place for Your Toddler
  - A Child Becomes a Reader
  - A Child is Waiting
  - Discipline & Your Child
  - Drivers 55 Plus
  - Exercise & Physical Activity
  - Funding Education Beyond High School
  - A Good Kindergarten for Your Child
  - A Good Preschool for Your Child
  - A Good Primary School for Your Child
  - How to Help an Older Driver
  - Identity Theft Packet
  - Navigating the Teen Years
  - Our Daughters & Sons: Questions/Answers for Parents
  - So Far Away: 20 Questions for Long Distance Caregivers

## EMPLOYEE INFORMATION:

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Agency: \_\_\_\_\_ Facility: \_\_\_\_\_ Bargaining Unit: \_\_\_\_\_

Phone: \_\_\_\_\_  Home  Work  Cell/Other Email address: \_\_\_\_\_

## CONSULTANT CALL BACK: *I would like a consultant to call me regarding:*

- Child Care Referrals/Parenting Information
- College Planning
- Consumer Issues
- Disability Information:  Child  Adult  Elder
- Education Consultation
- Elder Care Referrals/Information
- Personal Budgeting
- Retirement
- Stress Management
- Other \_\_\_\_\_

Preferred day to call:  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

Preferred time of day:  Morning  Afternoon  Evening Preferred Phone Number: ( ) \_\_\_\_\_ - \_\_\_\_\_

May I leave a message, indicating where I am calling from, if you are unavailable?  Yes  No

For more information, please call toll-free 866-320-4760, or visit the website at: [www.nysbalance.ny.gov](http://www.nysbalance.ny.gov).

