

Why should YOU get involved at Geneseo?

One of the best ways to become a part of the SUNY Geneseo community is to get involved!

Take advantage of the numerous opportunities outside of the classroom.

Join a student organization, participate in "Weeks of Welcome," the "Upstate Escapes" travel program, and weekend Geneseo Late Knight programming. Being involved in these activities will compliment your exceptional academic education and form a well-rounded individual.

Here's what the experts say...

"Students who had high levels of involvement in both academic and co-curricular activities reported the strongest gains in cognitive skills, communication skills interpersonal skills, and self-confidence."

(Research by Huang and Chang, 2004)

"Students who participated in student organizations scored higher than nonmembers on educational involvement, career planning, academic autonomy, life management, and developing purpose."

(Research by Cooper, Healy, and Simpson, 1994)

"70% of what a student learns during college results from out-of-class experiences."

(Research by G. Kuh, J. Schuh, E. Whitt, & Associates, 1991; Wilson, 1966)

Join a Student Organization

Geneseo has over 200 recognized student organizations
and they all have one thing in common - they want YOU!

Getting involved is a great way to meet new friends, learn something new,
and make valuable connections in the Geneseo college community

Tips on getting involved in student organizations:

- Try something new!
- Attend the Student Organization Expos (Held in the first few weeks of each semester)
- Find opportunities that interest YOU (not necessarily your roommate or best friend)!
- Maintain a balance in life. Be careful not to over do it.
- Take it slow. Determine how many organizations can realistically fit into your schedule.
- Visit the Department of Student Life on the 3rd floor of the College Union. We are here to help you find the right opportunity for you! *The Coordinator of Student Programs & Activities will be more than happy to assist you (CU Room 304, brodner@geneseo.edu)*