



Student-Athlete Handbook

Intercollegiate Athletics Code of Conduct

As student-athletes at Geneseo, we understand that it is our responsibility to help facilitate the improvements of all aspects of the SUNY Geneseo athletic department. We will display respect for coaches, teammates, support personnel, opponents, and ourselves at all times. We recognize that as student-athletes, we are often in situations where we receive greater scrutiny from fellow students and the extended community. In order to set an example for others to follow, we accept the challenge to hold ourselves to a higher standard both in and out of the classroom and on and off the playing field. In this regard, we understand the advantages and the dangers associated with the public nature of social networking sites and understand that we will be held accountable for any content posted to such sites. Being cognizant of our status as student-athletes, we accept the fact that there may be consequences for any actions that do not comply with the standards set forth above, the college code of conduct and the laws of the State of New York.

Alcohol & Illicit Drug Policy

It is the expectation of the Department of Athletics and Recreation that student-athletes will abide by the College Code of Conduct and SUNY Geneseo's Alcohol and Illicit Drug policy which is inclusive of all state and federal laws pertaining to drugs and alcohol.

Violations of the Code of Conduct and/or the Alcohol and Drug Policy jeopardize a student-athlete's participation in their sport, as well as attendance at Geneseo.

A formal academic standards committee recommendation, as outlined in the College Bulletin, would supersede this procedure

Hazing

Participating in athletics at SUNY Geneseo is a privilege that comes with increased visibility and responsibility on our campus and in our community. You are an ambassador of the College, and it is an expectation that your conduct will reflect high ethical standards and integrity. It is also expected that you will follow all rules set forth by the NCAA, SUNYAC, and SUNY Geneseo, including the student-athlete code of conduct.

Working closely with your coaches and teammates to create a positive team atmosphere is critical to the success of our program. In doing so it is important that you are considerate and respectful of the needs and beliefs of all members of your team. New members to your team should not be asked or pressured to earn membership to the team in any way inconsistent with the guidelines set forth by the *NCAA Hazing Prevention Handbook*. *Handbook can be reviewed putting the following in a web search: [counseling.sdes.ucf.edu/docs/hazinghandbook0108\[1\].pdf](https://counseling.sdes.ucf.edu/docs/hazinghandbook0108[1].pdf)*

Hazing is "any act committed against someone joining or becoming a member or maintaining membership in any organization that is humiliating, intimidating or demeaning, or endangers the health and safety of the person" (*NCAA Hazing Prevention Handbook*). If you are asked or pressured to participate in any activity that you feel falls within this definition you should contact your coach, the Athletic Director, or the University Police Department.

Please browse <https://www.geneseo.edu/standup/hazing> for additional information on hazing and hazing prevention. Remember, "Be Loud, Be Proud, Be Positive!"

GO Knights!

Academic Standards, Dismissal, and Probation

Academic Standards

All students are expected to maintain satisfactory levels of academic achievement (at least a 2.0 cumulative grade point average and appropriate levels of credits completed satisfactorily in each semester) throughout their tenure at Geneseo and to make satisfactory progress toward their degrees. Note that some departments and programs require higher grade point averages for admission to, and/or progress in, the major. The Office of the Dean of Curriculum and Academic Services monitors students' progress at the end of each fall and spring semester. The College recognizes that some students will need assistance in making the adjustment to the demands of college work. The College's academic standards regulations provide short-term, provisional requirements that are intended to help these students make satisfactory progress toward their degree. Changes or revisions in Academic Standards are approved by the College Senate and distributed by the Office of the Dean of Curriculum and Academic Services. Academic Standards and other academic policies for students in the Access Opportunity Program are available from the Director of AOP.

Satisfactory Progress

Satisfactory Progress is defined as: (1) the completion of a minimum of 11 semester hours of course work per semester (8 hours for freshmen and first-semester transfer students) with a passing grade, and (2) a minimum cumulative grade point average of 2.00.

Academic Probation

Students are reviewed for academic probation at the end of each semester. Students will be placed on probation if they fail to complete a satisfactory number of hours in any given semester and/or their cumulative GPA falls below 2.00. These students will receive probation letters from the Dean of Curriculum and Academic Services. The letter will also recommend that the student take such actions as seeking advisement or counseling and reviewing work

schedules. Students placed on academic probation will be required to receive advisement before registration. Students on probation must make satisfactory progress in their next semester or they will be dismissed (i.e., two consecutive probationary semesters will subject students to dismissal proceedings). Unless otherwise stipulated by the Academic Standards Committee or otherwise noted in this Bulletin, students on probation are not precluded from participation in college-sponsored co-curricular activities.

Academic Dismissal

Students are reviewed for academic dismissal at the end of each semester. Students will be dismissed after two consecutive semesters on probation. Dismissed students are no longer eligible to continue at the College and will be denied further registration. Notification of dismissal is sent by mail and email to the student's address on record with the College, at the end of the semester in question. Each student is responsible for informing the College through the Office of Records and Scheduling of updates and changes to his/her address.

Academic Resignation

Students who are subject to academic dismissal and are so notified by the Office of the Dean of Curriculum and Academic Services may elect to resign from the College in advance of an appeal. Students choosing this option will waive their right to appeal their academic standing and/or any course grade not already under appeal by the end of the semester in which they become subject to academic dismissal. Upon resignation, the College will remove all indication of academic dismissal or academic dismissal pending from its transcript records. Any resigned student who later seeks readmission to Geneseo will be subject to all regulations applied to dismissed students who seek readmission (see "Readmission after Dismissal or Resignation" below). Complete information on the process for dismissal, appeal, and resignation is available from the Office of the Dean of Curriculum and Academic Services, Erwin 106. Students who choose neither to resign nor appeal their dismissals, students whose appeals are denied, and students who fail to meet specified conditions for reinstatement following appeals that are granted are formally dismissed from the College. Such students should meet with staff in the Office of the Dean of Curriculum and Academic Services and must complete a specified exit procedure; failure to do so could result in their being refused readmission and denied copies of transcripts. All questions concerning exit procedures may be addressed to the Student and Campus Life Office, Erwin 221.

Minimum Grade Point Requirements

Any student with a GPA below 2.00 shall be on Academic Probation

Notes:

- Students placed on probation may be restricted from selected academic opportunities requiring a cumulative GPA above 2.0, such as Internships, Overseas Study, and honors opportunities. Please consult the Office of the Dean of Curriculum and Academic Services for details.
- The College defines a "full-time" load as twelve credit hours registered and paid for. The "satisfactory progress" load of eleven semester hours is not the same as a "full-time" load.
- Students receiving financial aid should consult the Financial Aid Office, Erwin 107, concerning eligibility to receive or retain financial aid.

Appeals of Dismissals

Students wishing to appeal their dismissal at the end of the academic semester must submit a written statement to the Dean of Curriculum and Academic Services. The letter should detail the specific reasons and/or circumstances that warrant the appeal. The appeal letter must be postmarked no later than 10 calendar days after the date on the dismissal letter.

The Academic Standards Committee reviews the written appeal and the entire record of the student. The Academic Standards Committee has the authority to uphold the dismissal, repeal the dismissal with conditions, or repeal the dismissal. Conditions of reinstatement set by an Academic Standards Committee may limit the number of appeals, set target grade point averages, or place other conditions on a student that otherwise supersede general guidelines for academic standards.

Academic Load

Undergraduates should not exceed the maximum hours specified in the following table. Exceptions must be approved by the Dean of Curriculum and Academic Services.

Cumulative Grade Point

Cumulative Grade Point Average	Recommended Hours per Semester	Maximum Hours Carried Per Semester
New Students (first years and transfers)	15-16	16
0.00-1.99	12-13	16
2.00-2.29	15-16	16
2.30-4.00	15-16	19

OTE: Please refer to the Master Schedule of classes each semester for further information about academic load limitations.

On-Line Safety Facebook, MySpace and other Social Media Precautions

The Department of Intercollegiate Athletics and Recreation has addressed the recent online safety issues regarding specific network communication sites such as Facebook and MySpace (as cited in our SAAC Code of Conduct). Rather than prohibit the use of these web sites, Intercollegiate Athletics has decided to have student-athletes take responsibility for their own actions. While it is our duty to remind and educate you on the possible dangers and liability concerns of these sites, we consider student-athletes adults who are able to make their own decisions. The department holds every student-athlete accountable for any text, message, picture, etc. that may be incriminating to our student-athletes, their teams or our program in general. We have encouraged the Student Athletic Advisory Committee representatives to reinforce with their teams online safety. Reminding them of how serious this issue has become and how important it is to protect themselves not only for the sake of participating in intercollegiate athletics, but also for future career opportunities, acceptance to graduate schools and personal safety.

Each academic year the Department of Intercollegiate Athletics will hold three meetings to complete eligibility and insurance forms for student-athletes. These meetings will coincide with the fall, winter and spring sports seasons. Athletes must complete all forms prior to competing in any scrimmage or competition. One makeup meeting is convened per season to accommodate student-athletes who have class during the initial meeting time.

Each student-athlete is required to register for and carry twelve credit hours while competing. The one exception to this requirement is if an individual is in their last semester and needs less than twelve credits to graduate, they may participate in intercollegiate athletics with approval of the Dean of the College and Director of Athletics.

Team Expectations

1. I understand, with complete clarity that my number one priority at Geneseo is my academics. I will work even harder than I have in the past to move forward with my studies so I can realize my full potential as a person and to prepare myself for the future.
2. I understand that being a positive and productive member of a team demands that I must make some individual sacrifices for the benefit of our organization. I am thankful for the opportunity I have been given at Geneseo and will demonstrate this by showing genuine respect to the coaching staff, support staff, administration and fellow teammates.
3. I understand that by being a member of an athletic team at Geneseo, I gain greater recognition not only on campus, but within the Geneseo community as well. This incurs upon me a heightened responsibility for my actions both in and out of the classroom and for the performance with my team as a whole.
4. I understand that second to my academics, is the commitment I make to my team. Behavior which contradicts college policy, such as abuse of alcohol/illegal drugs, gambling, fighting, and the general partaking in any illegal activities that result in the embarrassment of myself, my team, the Department of Intercollegiate Athletics and Recreation or the college could result in immediate dismissal from our program.
5. I understand that by being a member of an athletic team at Geneseo, I become an ambassador of the University. I am willing to use my heightened position within the community to serve others and give back to the sport in which I participate. I am looking forward to serving the campus and the Geneseo community through service oriented activities throughout the year.
6. I understand that if I choose to live with teammates in what is perceived to be a "team house," the condition and activities of our house will impact on the reputation of my team. I am willing to be a considerate neighbor and to contribute to a positive view of my team as a valuable member of the local community by showing genuine respect for personal property and a commitment to the common good.

Student Overnight Host Agreement

As student-athletes at SUNY Geneseo, we understand that it is our responsibility to uphold the reputation and facilitate the improvement and well being of the athletic program. We will display respect for coaches, teammates, opponents, support personnel and ourselves at all times. We recognize that as student-athletes, we are often in situations where we receive greater recognition by both fellow students and the community. We accept the challenge to hold ourselves to a higher standard both in and out of the classroom and on and off the playing field, in order to set an example for others to follow. We will strive to serve our school, our community and our teams with hard work and dedication throughout our years at Geneseo.

I agree to and understand the following expectations when hosting a recruited student-athlete:

- 1) I will provide a positive experience for my guest(s).
- 2) I will abstain from the use of all mood-altering substances, including alcohol while hosting.
- 3) I will not take my guest(s) to local bars.
- 4) I will make every effort to ensure my guest(s) safety throughout the visit, and keep them with me (or a teammate) for the duration of their stay unless approved by my coach or the director of athletics.
- 5) If there is a problem or an incident that deviates from the guidelines, I will immediately contact my coach or the director of athletics.
- 6) Recruiting rules and penalties for violations were explained to me at the NCAA compliance/eligibility meeting.

I, _____, agree to comply with all expectations set forth in this agreement related to hosting guests/prospective students. Behavior which contradicts college policy, such as abuse of alcohol/illegal drugs, gambling, fighting, and the general partaking in any illegal activities that result in the embarrassment of myself, my team, the Department of Intercollegiate Athletics and Recreation or the College will preclude me from serving as a host and may result in a range of disciplinary action up to and including dismissal from our program.

I understand that the SUNY Geneseo guest policy applies to my role as a student host, and that I must make every effort to be responsible for my guest(s).

Host signature

Date

Coach signature

Date

NCAA POLICIES GOVERNING ELIGIBILITY

Before you are eligible to represent SUNY Geneseo as a student-athlete, you will be required to sign a number of documents affirming that, to the best of your knowledge, you are eligible by NCAA regulation to engage in intercollegiate competition. The following is a brief synopsis of those documents.

In order to compete, you must affirm that:

- 1) You are a full-time student registered for, and carrying, at least 12 semester hours of college work.
- 2) You are in good academic standing according to the standards of your institution.
- 3) You are an amateur athlete in the sport in which you are participating:
 - a) You have never taken pay or the promise of pay to compete in your sport;
 - b) You have not played on a professional athletics team in your sport;
 - c) You have not used your athletic skills for pay in any form in your sport.
- 4) You have not received financial aid other than that administered through the Financial Aid Office.
- 5) You have not tested positive for the use of substances listed on the NCAA's list of banned drugs.
- 6) You have not been illegally recruited:
 - a) Neither you, your relatives or friends have been offered financial aid or benefits other than those allowed by NCAA legislation;
 - b) You were not contacted, in person, by a coach or representative of the SUNY Geneseo athletic department prior to the completion of your junior year of high school (unless that contact took place while you were visiting our campus and you, rather than the coach, initiated contact).
- 7) You have not been involved in any illegal gambling activities.
- 8) You will compete with honor and sportsmanship at all times so that you represent the honor and dignity of fair play.

PHYSICALS & HEALTH RELATED ISSUES GOVERNING ELIGIBILITY

Eligibility for all student-athletes is based upon NCAA, SUNYAC, ECAC, College and state policies. Each student-athlete is required to have a physical on file at health services and is to be renewed on a yearly basis. Please visit this site for forms and additional information go.geneseo.edu/athleticmedicalhistory

As an integral part of our preventative health care efforts, all student-athletes are required to complete an online athletic pre-participation medical history/update before beginning any team practice on campus. **In addition, all first year and transfer student-athletes who will be trying out for an intercollegiate athletic team are required by the NCAA to have a physical exam, which may be completed by their own physician or qualified health care provider no later than six months prior to the start of their competitive season, and must be on file at the SUNY Geneseo Lauderdale Health Center.**

The NCAA also requires each student-athlete to be covered by a health insurance policy. The Department of Intercollegiate Athletics and Recreation at SUNY Geneseo strongly recommends that each student-athlete carry

their own primary health insurance. The College is self-insured and does not carry liability insurance. The Department of Intercollegiate Athletics carries a medical insurance policy for student-athletes participating in varsity athletics with a \$2000.00 deductible per injury. Student athletes are advised to purchase additional insurance through the Lauderdale Center for Student Health and Counseling if not covered by a parent or guardian's insurance.

If an intercollegiate sports accident/injury occurs requiring a medical specialist, the student's own health insurance provides the primary insurance coverage. We strongly suggest that if your insurance plan does not cover providers in the Geneseo area that you look into a "guest membership" for our area from your insurance company. This will help to minimize the problems associated with insurance billing should an outside referral be required.

As a part of the Department of Intercollegiate Athletics and Recreation, and under the auspices of the team physician, the athletic training staff provides high quality medical care for varsity athletes. All full-time staff members are certified by the National Athletic Trainers' Association, and the New York State Athletic Trainers' Association. Athletic trainers are responsible for the evaluation, management, rehabilitation and treatment of injuries/illnesses that may occur during participation in athletic endeavors. Athletic training services offered on campus, including rehabilitation, are provided to all students at no cost.

2011-12 NCAA Banned Drugs

1. The NCAA bans the following classes of drugs:

- a. Stimulants;
- b. Anabolic Agents;
- c. Alcohol and Beta Blockers (banned for rifle only);
- d. Diuretics and Other Masking Agents;
- e. Street Drugs;
- f. Peptide Hormones and Analogues;
- g. Anti-estrogens; and
- h. Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

2. Drugs and Procedures Subject to Restrictions:

- a. Blood Doping;
- b. Local Anesthetics (under some conditions);
- c. Manipulation of Urine Samples;
- d. Beta-2 Agonists permitted only by prescription and inhalation; and
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

3. NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with your athletics department staff!

- (1) Dietary supplements are not well regulated and may cause a positive drug-test result.
- (2) Student-athletes have tested positive and lost their eligibility using dietary supplements.
- (3) Many dietary supplements are contaminated with banned drugs not listed on the label.

(4) **Any product containing a dietary supplement ingredient is taken at your own risk.**

It is your responsibility to check with the appropriate athletics staff before using any substance.

Equipment Issue

Assignment/Return Policies

Uniforms, laundry pins, locks and lockers are assigned once rosters are finalized. Uniforms are issued on a per contest basis and must be returned to Schrader laundry after each contest.

No laundry is done on the weekends.

No more than **one** day's practice clothes are to be on a laundry pin. Pins should be dropped into the laundry chute, located on the lower level of Schrader gym.

Laundry pins and locks must be returned immediately to Equipment Issue after the season has ended.

Temporary Parking passes are issued to student-athletes, to be used only when traveling. Passes must be returned as soon as the student-athlete returns to campus.

Travel bags issued to student-athletes must be returned after each contest.

Return/Billing Policies

On Tuesday of each week Equipment Issue will submit a list of items not returned. Student-athletes will be unable to practice/play until all assigned equipment is returned.

At the end of the season if items issued are not returned, the Bursars Office will be notified and a hold will be placed on grades, registration, etc. until restitution has been made.

Athletic Weight Room Policies

Your cooperation is required to keep this a clean, safe and clutter-free facility.

1. **Sign in** with your full name, team and time. There is a notebook provided at the front desk.
2. Footwear and shirts are **required**. Only clean, dry athletic shoes are permitted. No other type of footwear is allowed.
3. Please wipe down the benches when you are done.
4. **No chalk, food or beverages** other than water are allowed. Please take care of all empty water bottles
5. Book bags, coats, athletic equipment must be kept in shelves provided.
6. **A spotter is required** when lifting heavy weights.
7. Please do not drop weights on the floor or set them on the vinyl benches.
8. **Please return all weights to the racks when you are finished lifting.**
9. In case of emergency, have the supervisor at the desk call University Police (5222) and/or the athletic training room (5341). **DO NOT CALL 911.**

Workout recording logs will be available. They should be stored in your team file at the

Student Athlete Advisory Committee

Mission Statement

Our goal as Geneseo student-athletes serving on the S.A.A.C. is to help facilitate the improvement of all aspects of the SUNY Geneseo Intercollegiate Athletic Department.

We will display respect for coaches, teammates and ourselves both on and off the field.

We understand that it is our responsibility to act as liaisons between student-athletes and the athletic administration.

We accept the challenge to serve the campus and the Geneseo community through volunteer work and being active participants on the committee.