

MLREMS Spinal Immobilization Protocol Rollout Assessment

- Which of the following must be met in order to NOT immobilize a patient?
 - Does not meet major trauma protocols
 - No physical findings of spinal injury
 - A cervical collar has been applied
 - A and B
 - All of the above
- The Monroe-Livingston Selective Spinal Protocol can be applied to what patient population?
 - ≥ 8 and ≤ 65
 - ≤ 8 and ≥ 65
 - > 8 and < 65
 - < 8 and > 65
- Which of the following risk factors negate the Selective Spinal Injury protocol?
 - Trisomy 21
 - Degenerative Bone Disease
 - Spinal Tumors
 - All of the above
- When immobilizing a patient providers must immobilize the joint above and below the suspected injury site, which of the following pairs of joints meet the criteria when doing spinal immobilization?
 - Head and Feet
 - Cervical spine and sacrum
 - Cervical spine and knees
 - Cervical spine and feet
- You can still apply the Selective Spinal Injury Protocol to a patient who is intoxicated if:
 - They report that they have had only 2 drinks
 - They report that they don't have any injuries
 - Their friends report that they really didn't drink "all that much"
 - You cannot apply this protocol to a patient suspected of being intoxicated
- Which of the following would be considered a distracting injury?
 - Painful Injury
 - Inability to communicate clearly
 - Emotional distress
 - Presence of Exacerbation of Existing Medical Conditions
 - All of the above
- From the top down, the order of the spinal column is:
 - Thoracic, Cervical, Lumbar, Sacrum
 - Cervical, Lumbar, Thoracic, Sacrum
 - Cervical, Thoracic, Lumbar, Sacrum
 - Cervical, Thoracic, Sacrum, Lumbar
- All of the following are criteria for immobilization except:
 - Altered Mental Status
 - Weakness, tingling or numbness of the trunk or extremities prior to the incident
 - Distracting injury or circumstances
 - All of the above are correct
- A transporting agency can choose not to immobilize a patient if the first response agency has put on a collar only and has not yet backboarded the patient:
 - True
 - False

10. There are how many Spinal Cord Injuries each year?
- a. 15,000 – 20,000 per year
 - b. 10,000 – 25,000 per year
 - c. 5,000 – 20,000 per year
 - d. 10,000 – 15,000 per year