

GUIDE TO DRUG COMBINATIONS

Combining certain drugs can be incredibly dangerous to your health. Even combinations of over-the-counter drugs and legal recreational substances can prove deadly. Refer to this chart and the resources below if you're unsure about the combined effects of what you're taking.



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	DRUG COMBINATIONS	WARNING	EFFECTS	EXAMPLES
Alcohol	Acetaminophen	DANGER	Liver damage	Tylenol (common ingredient in many OTC pain and cold remedies)
	ADD/ADHD medications	Caution	Increased risk of alcohol overdose	Adderall, Concerta, Ritalin, Vyvanse
	Allergy/Cold medications	DANGER	Increased risk of alcohol overdose, liver damage (tylenol)	Alavert, Allegra, Benedryl, Claritin, Dimetapp, Sudafed, Triaminic, Tylenol Allergy, Zyrtec
	Amphetamines	Caution	Anxiety, depression, suicidal thoughts, increased risk of alcohol overdose	see ADHD medications above; also methamphetamine
	Antibiotics/Antifungals	DANGER	Rapid heartbeat, sudden change in blood pressure, stomach pain, vomiting, headache, flushing, liver damage	Flagyl, Macrochantin, Nizoral, Seromycin, Tindamax
	Antidepressants/Antianxiety medications	DANGER	Increased risk for overdose, increased feelings of depression or hopelessness, risk of suicide	Celexa, Effexor, Lexapro, Paxil, Prozac, Wellbutrin, Zoloft
	Antinausea medication	Caution	Increased risk for overdose	Dramamine, Antivert
	Arthritis medications	Caution	Ulcers, stomach bleeding, liver problems	Celebrex, Voltaren, Naprosyn
	Benzodiazapines	DANGER	Increased risk for overdose, difficulty breathing, impaired motor control	Anafranil, Ativan, Klonopin, Librium, Lorazepam, Paxil, Restoril, Valium, Versed, Xanax
	Cannabis (Marijuana)	Caution	Nausea, vomiting, sweating, anxiety, panic, paranoia, psychosis	
	Cocaine	DANGER	Liver damage; increased risk of heart attack, cardiomyopathy (enlargement and weakening of heart), heart arrhythmia, stroke; increased violent thoughts and behaviors.	Combination produces toxic metabolite, "coeaethylene"
	Cough remedies	Caution	Dizziness, drowsiness, difficulty concentrating, increased risk for overdose	Delsym, Robitussin (dextromethorphan), guaifenesin, codeine
	Diabetes medications	DANGER	Abnormally low blood sugar levels, nausea, vomiting, headache, rapid heartbeat, sudden changes in blood pressure	Glucophage
	GHB/GBL	DANGER	Nausea, vertigo, respiratory failure, death	Gamma hydroxybutyrate, Gamma butyrolactone
	Headache remedies	Caution	Upset stomach, bleeding, ulcers, rapid heartbeat, liver damage (acetaminophen/Tylenol)	Advil, Aleve, Excedrin, Motrin, Tylenol
	Heartburn/GERD medications	Caution	Rapid heartbeat, sudden changes in blood pressure, increased alcohol effect	Tagamet, Zantac
	High blood pressure medications	DANGER	Dizziness, fainting, heart arrhythmia	Accupril, Lopressor
	Ketamine	DANGER	Dissociation, psychosis, heart palpitations, elevated blood pressure, respiratory failure, death	
	MDMA	Caution	Impaired cognitive functioning, increased risky behavior, increased risk of alcohol overdose	Ecstasy and synthetic analog "Molly"
	MXE	DANGER	Dissociation, rapid heartrate, seizures, death	Methoxetamine
Opiates & opioid painkillers	DANGER	Death by overdose, difficulty breathing	Demerol, Fentanyl, Heroin, Hydrocodone, Oxycodone, Oxycontin, Percocet, Tramadol, Vicodin	
Seizure medications	Caution	Drowsiness, dizziness, increased risk of seizures.	Klonopin, Dilantin	
Sleep aids	DANGER	Slowed/difficulty breathing, impaired motor control	Ambien, Lunesta, Sominex, Unisom	
Statins	DANGER	Liver damage	Crestor, Lipitor, Zocor	
Caffeine	Amphetamines	Caution	Erratic heart beat, "jitters"	Adderall, Concerta, Ritalin, Vyvanse, methamphetamine
	Cocaine	Caution	Increased risk of addiction	
	MDMA	DANGER	Overheating, dangerously rapid heart rate, death	Ecstasy and synthetic analog "Molly"
Cocaine	Amphetamines	DANGER	Death from heart failure	Adderall, Concerta, Ritalin, Vyvanse, methamphetamine
	Alcohol	DANGER	Increased risk of death by overdose	combination produces toxic metabolite, "coeaethylene"
	Opiates & opioid painkillers	DANGER	Death	Demerol, Fentanyl, Heroin, Hydrocodone, Oxycodone, Oxycontin, Percocet, Tramadol, Vicodin
	MDMA	DANGER	Elevated blood pressure, heart rate, body temp leading to severe organ damage, risk of sudden death; permanent impairment to reward centers in brain	Ecstasy and synthetic analogs (e.g. "Molly")