



H.E.R.O.S. Youth Mentoring Program

STUDENT VOLUNTEERISM AND
COMMUNITY ENGAGEMENT

Our Vision

The H.E.R.O.S team has the vision of helping high school students figure out their answer to a difficult but important question, which is: What will I do after high school? Working through SUNY Geneseo's Center for Community and under the guidance of Garth Freeman, the Director of Student Volunteerism and Community Engagement at SUNY Geneseo, the H.E.R.O.S program is not only committed to serving a diverse student population by working with schools all over New York State, but also aims to instill the quality of leadership and the importance of giving back into each student we work with.

Mentoring Sessions (in the COVID-19 Era)

At this time, we are aware of the health and safety concerns surrounding face-to-face interactions due to the possible spread of COVID-19. Due to this, the H.E.R.O.S team has decided to shift to **virtual mentorship sessions** for the duration of the Fall 2021 semester. In these sessions, mentors and mentees will meet through online communication via the video-chatting app **Zoom**, which will allow them to correspond and interact in the safest way possible at this challenging time. We are also aware of the concerns that may arise as a result of the use of digital communications and wish to ensure you that the H.E.R.O.S team will take every precaution in order to ensure the safety of all students and mentors within virtual interactions. All mentees will have two mentors to rely on and seek guidance from.

Who are our mentors?

Our mentors are college students from SUNY Geneseo who come from a diverse array of majors and interests. Mentors are required to submit an application, complete an interview with the H.E.R.O.S Coordinators team, and participate in professional development workshops to prepare them for their role as a mentor. Throughout the selection process, we emphasize the importance of reliability, passion, and understanding, and invite students who share these values to join us as H.E.R.O.S mentors. Mentors will be given a guidebook for best mentorship practices that outlines important lessons to teach their mentees. At H.E.R.O.S, we also focus on supporting students through their social and emotional development. Overall, our program also reflects SUNY Geneseo's commitment to promoting diversity and inclusion by promoting these values within mentorship practices in order to support students of any background, identity, or walk of life.



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What kinds of students are we looking for?

Any student who could benefit from our mentorship! In the H.E.R.O.S program, we truly believe that your education is the job of a lifetime, and wish to encourage and support students seeking to pursue any form of higher education, whether it be through a trade school, 2-year college program, 4-year college program, or beyond. We also believe that college is not just for students with straight A's or for students who can easily afford it. Our mentors will work with any student to help them problem-solve and develop a plan to achieve their personal educational goals, and we welcome any students who may be facing challenges or indecision surrounding their plans after high school.

How will mentoring work?

1. Mentors will be reaching out to their mentees during their first week of training
2. Mentees and Mentors will be working collaboratively to set up a standing bi-weekly meeting time
3. Mentors will send out the Zoom link each week and will ask mentees to join the 1 hour mentorship session.
4. Mentoring will range from college preparations, social and emotional skills development, career exploration, and professional development.
5. Mentoring **does not** include homework help or support understanding academic concepts.

Schedule

All students enrolled will need to commit to all 7 sessions

Week	Date
Mentorship Meeting #1	Week of Sept 6th-10th
Mentorship Meeting #2	Week of Sept 20th-24th
Mentorship Meeting #3	Week of Oct 4th-8th
Mentorship Meeting #4	Week of Oct 18th-22nd



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Mentorship Meeting #5	Week of Nov 1-5th
Mentorship Meeting #6	Week of Nov 15-19th
Mentorship Meeting #7	Week of Nov 29th-Dec 3rd

More questions or concerns? Just ask!

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