

Resources for You!

Biology

Academic Support On-Campus

Tri-Beta Mentoring: beta@geneseo.edu

[Academic Peer Mentors](#)

[Supplementary Instructor Sessions](#)

[Academic Planning and Advising Office](#)

Go to office hours - we're here to help!

Off-Campus Support & Mentoring

[STAR-NY tutoring](#)

[National Institute of Health: Mentoring](#)

[Project Short: Pre-Health Mentoring](#)

Changing our Study Perspective

Growth Mindset: [Video](#) and [Poster](#)

[Benefits of taking notes](#)

[Study smarter from Make It Stick](#)

Get Involved...

[GROW STEM](#)

[McNair Scholars Program](#)

National Science Foundation:

[Research Experience for Undergrads](#)

[Geneseo Allies for Social Justice and Diversity](#)

Understanding & Managing Stress

Mental health & mental hygiene are for everyone.

Coping with Stress: [CDC Resources](#)

[Student Health & Counseling](#)

Contact the [Dean of Students](#) to discuss non-academic concerns that are interfering with success in class.

[Student Emergency Loan Fund](#)

[Cares Act Emergency Grant](#)

[Student Aid Emergency Fund](#)



Build Your Team

Seek support when you need it **and before** you need it.