## Using Free Body Diagrams

I Choose a specific object or group of objects. Write a sentence telling me what the object is.
II Draw a coordinate system for directions, including rotation and an axis.
III Draw an outline sketch of just your chosen object, without any other items near it. Do not re-orient this sketch.
IV Draw and name all forces that act on your object, at the place and direction where they actually act. Each force must have a unique symbolic name: $W_{D}$, or $N_{B}$, etc.
V If some of your forces are oriented diagonally with respect to your coordinate system, start over again at step III, using a new outline. Do not erase or corrupt your first version! In the new version, instead of each "diagonal" force, draw two separate forces, each of which is a component of the "diagonal" force. All the same forces should be on this diagram as were on the original, except that a few will now be there in component form.
VI Write Newton's ${ }^{\text {nd }}$ law for each possible component direction (including rotation!), symbolically. If a force was drawn in the same direction as a coordinate axis, it is positive when you include it in $\Sigma F$, otherwise it is negative. Moments are positive when they are in the same direction as the coordinate axis (in the example below, $+z$ is counter clockwise). Also, write any geometric constraints as equations.
VII Do algebra until you have solved for the item you wanted to know, then


